

2022-23 SURVEY OF CLINICS PROVIDING CONTRACEPTIVE SERVICES

Guttmacher Institute 125 Maiden Lane, New York, NY 10038 Phone (212) 248-1111 • Fax (212) 248-1951 www.guttmacher.org

The purpose of this survey is to gather information about service delivery among the wide variety of clinics that offer publicly funded contraceptive services. We know that the past few years have been challenging, and we are seeking to understand how clinics have responded to these challenges and what changes have been implemented. Please help us elevate the experiences of clinics like yours by providing the information requested. Estimates are acceptable if exact figures are not available.

We make every effort to protect the confidentiality of your responses. We will not publish results that will permit identification of individual respondents or clinics in any way.

The survey takes approximately 20-30 minutes to complete. If you are unable to complete it in one sitting, you may save the survey with the Bookmark tool and use the same login credentials to return to the survey at a later time. As a token of our thanks, we will be offering you a \$50 e-gift card for completing the survey.

For any questions about this survey, contact Principal Investigator Alicia VandeVusse, at (212) 248-1111, extension 2343, or 2022clinicsurvey@guttmacher.org.

Thank you for your time and for completing this survey!

Please enter the Survey ID you received via	emaii:	
Is this the correct address for this clinic?:		
Clinic Name:		
Address:		
Yes/No		
[If no]: If not, please make all address correct	ctions for this clinic in the field below.	
Clinic Name:		
Address:		
Please provide the following contact informat	tion for the person completing the survey:	
Name:		
Title:		
Phone (XXX- XXX-XXXX):	(ext.)
Fmail:		

Was this clinic open for the provision of contraceptive services as of November 1, 2022? Yes/No [If no]: On what date did the clinic stop providing contraceptive services (MM/DD/YYYY)? Thank you very much. Your clinic is not eligible for the study at this time, but we appreciate your efforts to support our work. [End survey] Contraceptive services are defined as any service related to postponing or preventing pregnancy. Contraceptive services may include taking a history of sexual and reproductive health (SRH) and behavior, a medical examination related to provision of a contraceptive method, contraceptive counseling and education, method provision and prescription, and appointments to pick up contraceptive supplies. Telemedicine involving any of those services should be counted as providing contraceptive services. Telemedicine (or telehealth): Varied definitions for telemedicine and telehealth exist. Here we define telemedicine as the non-in-person delivery of health care services by health care professionals using information and communication technologies (including video conferencing, phone calls, phone- or computer-based apps, email and text messaging). As such, it includes the exchange of medically accurate information for the diagnosis, treatment, and prevention of disease and injuries. **CLINIC CHARACTERISTICS** 1. What type of organization is this clinic 2. Which of the following best describes the affiliated with? main type of service provided by this clinic? Reproductive health services Health department (e.g., state, county, local) Hospital Primary (general health) care Planned Parenthood Other Federally qualified health center or look-Prefer not to answer alike/community health center Other Prefer not to answer [If "other" is selected for Q1]: [If "other" is selected for Q2]: 1a. Please specify other clinic organization type: 2a. Please specify other service type: *3. Approximately how many patients receive *4. For new patients contacting this clinic, any contraceptive services at this clinic within how many days are they typically able during a typical week? Include telemedicine to get an appointment for an initial visits in your answer. contraceptive service visit?

<5	
5-19	
20-49	
50-99	

□ Same day	
1	
2	
3	
4	

on Saturdays	and/or Sund	ays (at least	once p	per month)?			
					Yes	No	Prefer not to answer
9. Does this cl	inic offer co	ntraceptive	servic	es			
☐ Prefer not t	o answer						
□ 50% or mor	re						
□ 10-49%					#	of hours	ppen
□ <10%							
*7. Among all services at thi approximately contraceptive	s clinic anni what perce	ually,	e	th C	nis clinic i ontracepti	s open fo	number of hours the provision of es during a typical we an estimate.
Other	%						
Asian	%						
Latino/a	%						
Black	%						
White	%						
6. Approximat following racia	•	_	all con	traceptive pat	ients seer	n at this c	linic identify as the
Are less than 1	8 years old	-		%			
Have limited Er	nglish proficie	ency _		%			
5. Approximat	ely what per	centage of a	all con	traceptive pat	ients seer	n at this c	linic:
☐ 4 ☐ 5 or more ☐ Prefer not to	answer						
□ 2 □ 3	_	•		, in the second			
[If "more than 4a. Within how				ically able to	get an init	ial contra	ceptive visit?
				L	□ Prefer	not to ansv	ver
Prefer not to	o answer					nan 7 days	
200+					4 6		
100-199					5		

after 6pm on any weekday(s) (at least once per week)?

for walk-in patients?

10. Approximately what percentage of all contraceptive patients is covered by each of the following types of insurance, regardless of whether you bill the insurance?

Please estimate if the exact percentage distribution is not available. Total should equal 100%.

Full-benefit Medicaid or CHIP	%
Family planning-specific Medicaid waiver/expansion program	%
Other public insurance	%
Private health insurance (including military or public employee insurance)	%
No insurance	%
Total	100%

*11. Title X is a federal program that funds family planning services and is administered by the
Office of Population Affairs, DHHS. In the past five years (since January 1, 2018) has this clini
received Title X funding during any funding cycle?

☐ Yes	■ No	Prefer not to answer
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[If "yes" is selected for Q11, clinic has received any Title X funding in the past five years]: *11a. During which of the following years did this clinic receive any Title X funding?

	Yes	No	Prefer not to answer
2018			
2019			
2020			
2021			
2022			

II. CONTRACEPTIVE SERVICES PROTOCOLS

The next section asks about the contraceptive services available at this site. Please answer to the best of your ability.

- *12. For each of the following types of contraceptive methods, indicate whether:
 - (a) At least one method of this type is currently provided or prescribed at this site;
 - (b) Patients are referred (formally or informally) to another clinic/provider for this type of method; or
 - (c) This type of method is not provided nor are referrals given

Methods of contraception	Provided or prescribed at this site	Patients referred to another clinic/provider	Not provided nor referred	Prefer not to answer
Combined hormonal oral contraceptives (OCs)		٥		
Progestin-only OCs				

Extended regimen of either combined or progestin-only OCs (Seasonale, Seasonique)				٥			
Hormonal IUDs (e.g., Mirena, Skyla)							
Copper IUDs (e.g., ParaGard)							
Implants (e.g., Nexplanon)							
Injectables (e.g., Depo-Provera)							
Patches (e.g., Ortho Evra)							
Vaginal rings (e.g., NuvaRing)							
External (male) condoms							
Other barrier methods (e.g., diaphragm, cervical cap, sponge, internal condoms)	۵						
Spermicides							
Emergency contraceptive pills (ECPs) (e.g., Plan B, ella)							
Tubal ligations							
Vasectomies							
Fertility awareness-based method instruction or supplies (e.g., cycle beads)							
[If provision or prescription of OCs is reported in Q12] 13. How many total months (i.e., cycles) of OCs are typically provided and/or prescribed at an initial contraceptive visit? Include both the cycles provided at the clinic as well as those prescribed. □ 1 month □ 2-3 months □ 4-6 months □ 7-11 months □ 12+ months □ Prefer not to answer [If provision or prescription of OCs is reported in Q12]							
14. When providing patients with an initial prescription for OCs, what usually happens with regard to dispensing or prescribing them?							
 Most patients receive both the initial supply and additional refills at the clinic Most patients receive an initial supply at the clinic and a prescription to fill additional cycles at a pharmacy Most patients receive a prescription that they fill at a pharmacy. Other Prefer not to answer 							
[If "other" is selected for Q14]: 14a. Please specify other dispensing/prescribing protocols:							

[If provision or prescription of IUDs or implants is reported in Q12] 15. How many visits do you typically require to complete the following patient requests to: Check one box per row.

	1 visit (Same day)	2 visits	3 or more visits	Prefer not to answer
Insert an IUD				
Remove an IUD				
Insert an implant				
Remove an implant				

16. How often are the following protocols followed at this clinic?

Protocols	Always	Often	Sometimes	Rarely	Never	Prefer not to answer
OCs are dispensed using the "Quick Start" protocol (i.e., patient takes first pill on day of visit, regardless of where they are in their menstrual cycle) [If providing OCs]	٠					٥
New patients get OCs without having to get a pelvic exam [If providing OCs]	٠					
Patients having an IUD inserted or removed are offered pain medication [If providing IUDs]	٥					
ECPs are dispensed or prescribed ahead of time for a patient to keep at home (i.e., advance provision of ECPs) [If providing ECPs]						
Patients are supported in self-injecting Depo-Provera [If providing injectables]						

17. When counseling a typical patient during an initial family planning visit, how often do clinic staff do the following?

do the following:						
	Always	Often	Sometimes	Rarely	Never	Prefer not to answer
Assess the patient's intentions/preferences for the number/timing of pregnancies within their personal values and life goals						
Elicit the patient's preferences for contraception						
Present information on potential contraceptive methods based on the patient's preferences						
Present information on potential contraceptive methods with the most effective methods presented first						
Help the patient consider important factors about contraceptive methods (e.g. possible side effects,non-contraceptive benefits)						
Help the patient think about potential barriers to using contraceptive methods correctly and discuss/develop a plan to deal with these barriers						

Discuss with the patient the option of getting contraceptives over the counter			
Counsel on condom use to prevent STIs			
Engage in an iterative back-and-forth with the patient, with the final decision made by the patient			

III. OTHER HEALTH SERVICES

- 18. For each of the following health services other than contraception, please indicate whether:
 - The service is provided or prescribed at this site; (a)
 - Patients are referred (formally or informally) to another clinic/provider for this service; or The service is not provided nor are referrals given. (b)
 - (c)

Other health services	Provided or prescribed at this site	Patients referred to another clinic/provider	Not provided nor referred	Prefer not to answer
Primary (general health) care				
HIV testing				
Pre-exposure prophylaxis for HIV prevention (PrEP)				
Chlamydia/gonorrhea testing				
Syphilis testing				
STI treatment				
Expedited partner therapy for STIs				
Pap smear (conventional and/or liquid based)		٥	٥	
HPV vaccination				
HPV testing				
Sexual health counseling				
Mental health screening				
Mental health treatment				
Colposcopy				
Mammography				
Clinical breast exam				
Breast feeding counseling and support				
Gender-affirming hormone therapy				
Infertility counseling				
Basic infertility testing (e.g. pelvic exam, hormone levels)				
Pregnancy testing				

Prenatal care			
Preconception counseling			
Pregnancy options counseling (including parenting, adoption and abortion)			
Miscarriage management			
Medication abortion			
Surgical abortion			
Surgical abortion	٥	٥	

[If miscarriage management is reported to be provided or prescribed at this site in Q18:]
18a. Which types of miscarriage management do you provide or prescribe at this site?
Select all that apply.
☐ Expectant management
☐ Medical management (misoprostol to advance expulsion)

19. Does the clinic follow any of the following protocols for serving transgender and gender non-conforming patients?

	Yes	No	Prefer not to answer
Use medical records and intake forms that allow patients to express their gender identity and sex assigned at birth			
Use electronic health records that specify gender identity and patient pronouns			
Provide educational materials inclusive of transgender and gender non-conforming patients			
Train receptionists and other support staff to respect a full range of gender identities and gender expressions			٥
Provide gender-neutral signage and restrooms			
Screen patients using a "reproductive organ inventory" to ensure appropriate screenings and evaluations			٥
Other			

[If "other" is selected for Q19]:	
19a. Please specify other protocols:	

☐ Surgical management (manual vacuum aspiration)

20. Does the clinic staff provide any of the following adolescent-centered aspects of care?

	Yes	No	Prefer not to answer
Allow patients under 18 to consent to SRH services, including contraception (to the extent allowed by law)			
Offer privacy-ensuring billing practices (e.g., having explanation of benefits sent to the clinic)			
Provide educational materials tailored to adolescents			
Offer adolescent-only clinic hours			

Employ staff who have been trained to pro- adolescent-friendly SRH care	vide				
Offer private, youth-focused physical space rooms	ate, youth-focused physical spaces in waiting				
Evaluate adolescents' ability to pay based income rather than their parents'	Evaluate adolescents' ability to pay based on their own income rather than their parents'				
Require a pap smear for patients under 21 contraception	to initiate				
Other					
 [If "other" is selected for Q20]: 20a. Please specify other aspects of care 21. For each of the following types of so (a) A social worker or other approp (b) Patients are referred (formally of service; or (c) This type of service is not avail 	cial services, priate provide pr informally)	r of social serv to appropriate	rices is availa sites or ager		
Social services	Available at this site	Patients referr		available referred	Prefer not to answer
Intimate partner violence screening			,,,,,,		
Intimate partner violence intervention services					
Housing insecurity screening					
Housing insecurity assistance					
Transportation assistance					
Food insecurity screening					
Food insecurity assistance					
22. Which of the following outreach, trainengage in? Select all that apply. Participate in community outreach thire members of the community. Employ community-outreach staful Require staff receive training in in Track patient experiences using Counseling Measure) Form patient stakeholder groups Other None of the above	h events f mplicit bias and	d/or cultural com	npetency		

[If "other" is selected for Q22]: 22a. Please specify other practices:

IV. TELEMEDICINE

The next section asks about the use of telemedicine at this site. Please answer to the best of your ability.

Telemedicine (or telehealth): Varied definitions for telemedicine and telehealth exist. Here we define telemedicine as the non–in-person delivery of health care services by health care professionals using information and communication technologies (including video conferencing, phone calls, phone- or computer-based apps, email and text messaging). As such, it includes the exchange of medically accurate information for the diagnosis, treatment, and prevention of disease and injuries.

23. Which of the following services does this clinic offer via telemedicine (i.e. video conferencing.

phone calls, p	hone- or compu	ter-based apps, email	and text messa	aging)? Select all that apply.
☐ Cont☐ Initia☐ Refil☐ Pres☐ Acce☐ Supp☐ Maili☐ Follo☐ Maili☐ Emp☐ Med☐ Mess☐ None	oort for patients's ing of patches, ring ow-up consultation of STI tests (elirical treatment of ication abortion	eling r OCs ECPs ts' reported blood press self-injecting Depo-Prov	vera ailed to patient)	r antivirals)
24. During a ty It is okay to give	-	nt proportion of contra	aceptive visits a	re conducted via telemedicine?
%				
				c's geographic area, what ?? It is okay to give an estimate.
	r pical week in 20 It is okay to give		of contraceptive	visits were conducted via
	icipate that the	share of telemedicine	visits will incre	ease, stay the same or decrease
	Increase	Stay the same	Decrease	Prefer not to answer

28. Please indicate if each of the following is a *barrier* to the provision of telemedicine for this clinic.

	Yes	No	Prefer not to answer
Lack of patient access to technology/internet (e.g., Wi-Fi, smart phones)			
Patient difficulty navigating telemedicine platform(s)			
Language or literacy difficulties for patients			
Patient privacy concerns			
Loss of face-to-face rapport with patients			
Difficulty incorporating telemedicine into workflow			
Staff resistance to telemedicine			
Lack of provider training			
Inherent limitations of telemedicine (e.g., inability to do physical exams, use diagnostic equipment)			
Lack of infrastructure or protocols			
Insufficient insurance reimbursement			

29. Please indicate if each of the following is a benefit of telemedicine for this clinic.

	Yes	No	Prefer not to answer
Providers can work from home			
Can serve patients from a wider geographic area			
Better management of in-clinic patient flow			
Can see more patients in a given time period			
Some patient barriers to care removed (e.g., no need for transportation or child care)			
Language interpreters can join virtual visits from wherever they happen to be			

V. CLINIC CHALLENGES

Some sites that provide SRH services have faced challenges in recent years due to federal and state policy changes and the COVID-19 pandemic. In the following section, we ask about challenges this clinic may have experienced.

30. Since January 1, 2018, has this clinic's annual revenue <u>significantly declined (i.e., by 10% or more</u>) due to any of the following reasons? Select all that apply.

31. Since January 1, 2018, has this clinic implemented any of the following changes in response to funding shifts?

	Yes	No	Prefer not to answer
Increased patient fees for specific services			
Changed the sliding fee scale			
Encouraged patients to use private insurance to pay for services			
Offered fewer services			
Changed clinic hours			
Stopped offering some contraceptive methods			
Other			

[If "other" is selected for Q31]:	
31a. Please specify other changes:	

*32. In June 2022, the Supreme Court overturned *Roe v. Wade* in the *Dobbs v. Jackson Women's Health Organization* decision, leading to severe abortion restrictions in many states. As a result of *Dobbs*, has each of the following increased, stayed about the same or decreased at this clinic? *It is okay to give an estimate.*

Proportion of all patients seeking contraceptive services	☐ Increased	□ Same	☐ Decreased	☐ Prefer not to answer
Number of patients receiving contraceptive care in a typical week	☐ Increased	□ Same	☐ Decreased	☐ Prefer not to answer
Wait times for new patients seeking contraception	☐ Increased	□ Same	☐ Decreased	☐ Prefer not to answer
Proportion of contraceptive patients requesting ECPs (for immediate use or for when needed)	☐ Increased	□ Same	☐ Decreased	☐ Prefer not to answer
Proportion of contraceptive patients requesting IUD or implant	☐ Increased	□ Same	☐ Decreased	☐ Prefer not to answer
Stocking issues for IUDs or implants	☐ Increased	□ Same	☐ Decreased	☐ Prefer not to answer
Proportion of contraceptive patients requesting tubal ligation or vasectomy	☐ Increased	□ Same	☐ Decreased	☐ Prefer not to answer
Number of abortion referrals to instate providers	☐ Increased	□ Same	☐ Decreased	☐ Prefer not to answer
Number of abortion referrals to out- of-state providers	☐ Increased	□ Same	☐ Decreased	☐ Prefer not to answer
Number of referrals made for miscarriage management	☐ Increased	□ Same	☐ Decreased	☐ Prefer not to answer
Time spent counseling patients seeking abortion	☐ Increased	□ Same	☐ Decreased	☐ Prefer not to answer

JJ. IS UIIS CIII	iic piaililling to add	or expand any services as a result of the bobbs decision:
☐ Yes	□ No	☐ Prefer not to answer
	elected for Q33]: vices is this clinic	planning to add or expand?
34. Is this clin	nic planning to redu	ice or eliminate any services as a result of the Dobbs decision?
☐ Yes	□ No	☐ Prefer not to answer
-	elected for Q34]: vices is this clinic	planning to reduce or eliminate?
		ant to share about how this clinic has been impacted by the v Jackson Women's Health Organization)?
36. Overall, w	hat are the top chal	llenges facing this clinic currently?
Dobbs decision		ormant interview study about the effects of the Supreme Court's onths. Would you be interested in participating in this future
		to submit this survey, please make sure you have answered all the you may save your responses and return to complete the survey later.
After you su	ıbmit the survey, yo	ou will be redirected to receive a gift card as a thank you for your participation.
Thank you text	for completes; redire	ect to gift card survey]
		ou very much for completing this survey! ur responses are incredibly valuable.

Remember, as a token of our gratitude, we'd like to offer you a \$50 online gift card to your choice of Amazon, Target, or Walmart by providing the email address where you'd like to receive the gift card.

Would v	you like to	provide y	our email	address	and i	receive	an	online	gift	card?

Yes	
No, please do not send me a gift card	

[If "yes" to gift card]:

in you to git ourd.
Please provide an email address where you can receive e-gift cards. We will ONLY use this email address to send your gift card. Thank you for your participation! Some email programs screen gift cards; we recommend using a personal email account. You will have 90 days to claim the gift card.
Email address:
[If "no" to gift card]:

You will not receive an online gift card. Thank you for your participation!